

The IoPA @ 10 WINDSOR WALK: The South London satellite site

The Maudsley Lectures in Psychoanalysis sub-committee

Chair: Emma Staples Hotopf
Sub-committee members: Maxine Dennis, Antje Netzer-Stein, Anne Patterson, Rupert Nieboer, Anne Ward, Kate Pugh

The Institute of Psychoanalysis site in South London opened in October 2018. The aim of this venture is to support candidates and analysts in South London and to develop interest in psychoanalytic ideas, particularly through links with clinicians working in NHS settings. There have been extensive refurbishments over Summer and Christmas '19 creating new configurations of soundproofed rooms. We now have a lecture theatre with large screen and seating for 40 people and 9 consulting rooms. There are 7 individual rooms with couches and a dedicated child analysis and child and family therapy room, and a large group room. 5 candidates are using rooms and there are more planning to do so. The location has been a great asset: with our rear garden door opening directly onto the Maudsley campus including the Institute of Psychiatry, Psychology and Neuroscience and being adjacent to Kings College Hospital.

10 Windsor Walk has been the location for the Maudsley Lectures in Psychoanalysis since Spring '19 and the Foundation course will be starting there from Autumn '20. Scientific meetings have been broadcast using Zoom since May '19. This enables South London analysts and candidates to meet as a group to listen to these important meetings and have further discussion and feel more part of the Society than we would joining alone from home. We hope it will provide a forum for other IoPA events. This autumn the Maudsley Lectures will address the theme – A Psychoanalytic Understanding of the Pandemic.

The Maudsley Lectures in Psychoanalysis are in their 4th year and continue to attract an engaged group of participants. The Maudsley Lectures in Psychoanalysis are a rolling programme of lectures that cover both core concepts in psychoanalysis and their applications. The lecture is followed by small discussion groups lead by Maxine Dennis, Antje Netzer-Stein and Emma Hotopf. Clinical work has been central to the presentations. The series is orientated to particularly appeal to clinicians: psychiatrists, psychologists, psychotherapists, mental health nurses and allied professionals working in mental health. However it is open to anyone interested in psychoanalytic ideas. They are attracting both local mental health professionals from the South London and Maudsley NHS Trust and psychotherapists, psychoanalysts, academics and other professionals from elsewhere. The content of the lectures has covered all schools of thought. South London comprises ethnically and culturally diverse communities and we hope to reflect this diversity both within the audience and the lecturers. We attracted a diverse audience in this series. All 40 places were sold in advance for both terms. Special thanks to all the lecturers who gave their time for free, so that we could present such a rich programme. This resulted in an engaged, stimulated and appreciative audience.

Autumn Term '19: The Unconscious and Dreaming

What is psychoanalysis: the discovery of the unconscious and its implications: David Bell

Dream as Transitional Space: Tamar Schonfeld

Idealization and Illusion: Denial of Loss and the Evasion of Psychic Reality: Sharon Numa:

The Suicidal Mind: From Inner Torment to Emotional Freedom: Narendra Keval

Access to our inner world through dreams: overcoming inhibition: Gigliola Fornari Spoto

'Where shall the word be found, where will the word resound?' Absence of resonance and the struggle to find the right register. Francesca Hume

Psychoanalytic approaches to dreaming: the Royal Road: Rob Tandy

"Freud says Aristotle states that a dream is the way the mind works in sleep: I say it is the way it works when awake" (Bion Cogitations) - Bion, alpha function and the unconscious mind: Nicola Abel-Hirsch

Tension at the Border: is phantasy a reality? Tomasz Fortuna

Considering the nature of psychoanalysis: the persistence of a paradoxical discourse: Gregorio Kohon

Spring Term '20: A Psychoanalytic Understanding of our Identities

Orientation, Disorientation and The Infantile Roots of Identity: Giovanna Di Ceglie

Brain, Mind and Self: Ron Britton

Identity: culture, 'race' and language in the consulting room: Kannan Navaratnem

Beyond the Superego: Allegorical and religious objects as psychic organisers: David Black

Under the skin: a psychoanalytic approach to body modification practices: Alessandra Lemma

'We are all born naked' – is the rest drag? Some thoughts on gender identity development and psychoanalysis: Beate Schumacher

Masculinity: Stephen Blumenthal

Indulgence and its impact on the identity of the developing child: Judith Jackson

The search for a good-enough self: from fragmentation towards cohesion in a young adult: Marianne Parsons

Superego and Ego Ideal in Adolescent Identity Development: Dennis Flynn

Other Courses, Events and Clinical Activities at 10 Windsor Walk:

The Borderline Workshop: organised and chaired by Giovanni Polizzi. Theoretical and clinical course of seminars on psychoanalytically informed clinical work with complex patients. These workshops aim to bridge the gap between psychoanalysis and applied psychotherapies with respect to work with people with personality disorders in mental health services. Clinicians familiar with psychoanalytically informed models of treatment such as Mentalisation Based Therapy and Transference Focussed Psychotherapy lead seminars and offer supervision. There are links with the MBT service in Lambeth Integrated Psychological Therapies Team.

Therapeutic Parent and Infant Playgroup: supervised by Fatima Martinez Del Solar. A Psychoanalytic Parent/toddler group has been running for almost a year now. Following the Anna Freud Centre model, we aim to offer parents with babies and toddlers, a safe, friendly space providing professional support to the local community, initially with twelve families. We are currently applying for grants to enable the project to be rolled out on a permanent basis.

Reflective practice group for newly qualified clinical psychologists in South London: lead by James Easton. This Reflective Practice Group aims to provide a consistent space for members to understand their interactions both in the room and in their relationships with colleagues, to explore the roles and tasks taken up as a practitioner and to deepen clinical and consultation skills.

The TIDES Project: A project run by Kings College Hospital Diabetes Service offering psychotherapy to young adults with Insulin Dependent Diabetes and eating disorders. This is being lead by Diane Turner.

10 WW Film Club Report: 2019-20

Psychoanalytic Film Club: Anne Patterson, Katalin Lanczi, Fatima Martinez Del Solar

There are 40 places in the film club and nearly every event has been sold out. Guests include trainee and consultant psychiatrists from all over London, psychologists, psychotherapists and artists.

Autumn Term: Mourning

Truly, Madly, Deeply (Dir: A Minghella) : Introduced by Dominic Minghella

The Skin I Live In (Dir: P Almodovar) : Introduced By Domenico Di Ceglie

Manchester By The Sea (Dir: K Lonnergan) : Introduced by Peter Mark

Spring Term: Love In A Hostile World

Cold War – Introduced by Andrea Sabbadini

On Body And Soul – Introduced by Katalin Lanczi,

Fear Eats The Soul – Introduced by Marion Schoenfeld, Member, British Psychoanalytical Association

This was postponed until 17/4/20 because of the Covid crisis and the film club was relaunched on line

Summer Term 2020: Migrants

The Other Side Of Hope - Introduced by Anne Patterson

Fire At Sea (Fuocoammare) – Documentary: Introduced by Pina Antinucci

Dirty Pretty Things Dir. Stephen Frears: Introduced by Andrea Sabbadini

Forth-coming courses at 10WW:

The Foundation Course: discussion group will be run at 10WW from Autumn '20.

A Psychoanalytic understanding of the pandemic: Maudsley Lectures Autumn '20

Collaboration with IoPA Online Education series.

Introductory Lectures

10 Windsor Walk: progress

10 Windsor Walk is leased from the Maudsley Charity and a long lease has been negotiated although our aim is to own the property. Our mission is to provide accessible intensive psychoanalytic treatment to those in need locally, to enable more people to have access to training in psychoanalysis and to run psychoanalytic events. In order to maximise our fund-raising capability a social enterprise (10 Windsor Walk Community Interest Company) was established. 10WWCIC now has a board whose members are: Emma Hotopf, Maxine Dennis, Fatima Martinez Del Solar, Robert Harland, Kate Pugh, John Lawrence and Guy Forrester. Aymie Backler is our administrator.

This site offers an exciting opportunity to have a more extensive collaboration with the NHS. The South London and Maudsley NHS Foundation Trust (SLaM) is the largest provider of mental healthcare in Europe. SLaM and the Institute of Psychiatry, Psychology and Neuroscience provide major training programmes for mental health professionals including the largest training centre for psychiatrists in the UK. We hope to promote psychoanalytic thinking and be considered a pilot for future initiatives involving partnership between the IoPA and NHS providers. The Maudsley Eating Disorder Service and Self Harm Outpatient Service and Kings' Diabetes Psychotherapy Project are currently using some of our space for therapy, training events and clinical meetings. This brings in income as well as the potential to nurture interest in psychoanalysis.

The Impact of Covid 19:

From March analysts and candidates moved to working remotely. The last 3 Maudsley lectures were successfully broadcast using zoom. We look forward to returning to the house but are prepared to continue our activities by video conferencing.

Acknowledgements: This project has been possible through generous donations from the Winnicott Trust, Melanie Klein Trust, Maudsley Charity and a number of individuals. We are grateful to colleagues at SLaM, Oxleas and St George's who continue to create an appetite locally for psychoanalytic thinking. We are grateful to all of those who have helped promote the lectures and encouraged supervisees and colleagues to participate. Thanks to all those who have shown support by coming to give talks or in other ways. Special thanks to Natasha Georgiou, Karina Zorlakkis, Greta Adorni and Gareth Bentley.

We would be pleased if you would like to be involved in these developments: if you would like to give a lecture, use a room, run a project or make a donation, please do get in touch.
